Ground-state-cooling vibrations of suspended carbon nanotubes with constant electron current

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We investigate the efficiency of cooling the vibrations of a nanomechanical resonator, constituted by a partially suspended carbon nanotube and operating as double-quantum dot. The motion is brought to lower temperatures by tailoring the energy exchange via electromechanical coupling with single electrons, constantly flowing through the nanotube when a constant potential difference is applied at its extremes in the Coulombblockade regime. Ground-state cooling is possible at sufficiently high-quality factors, provided that the dephasing rate of electron transport within the double dot does not exceed the resonator frequency. For large values of the dephasing rates cooling can still be achieved by appropriately setting the tunable parameters.

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I. INTRODUCTION

The experimental demonstration of strong coupling between a nanomechanical resonator and charge transport in carbon nanotubes^{1,2} holds promising perspectives for cooling the temperature of the resonator vibrations by means of electromechanical forces. It may enable one to improve the sensitivity of high-precision measurements of mass,³⁻⁶ mechanical displacement,⁷ or spin.⁸ Cooling by means of electromechanical coupling, moreover, may allow one to prepare the resonator state in the quantum regime.⁹ Recently, it has been theoretically proposed^{10–17} and experimentally demonstrated¹⁸ that backaction cooling can be achieved by coupling mechanical resonators to the constant electron current flowing through electronic nanodevices, such as normalmetal and superconducting single-electron transistors.¹⁹ Within these studies, it is found that one of the major factors limiting the cooling efficiency is the quality factor of the mechanical resonator. In this respect a suspended carbon nanotube is a promising candidate for achieving ground-state cooling.²⁰

In this work we theoretically analyze the efficiency of ground-state cooling the vibrations of a nanomechanical resonator using constant electron current, in a setup like the one sketched in Fig. 1. Here, the resonator is a suspended nanotube, which constitutes also the electronic device through which the current flows, in a setup which is reminiscent to the ones realized in Refs. 1 and 2. Moreover, the nanotube acts as a double-quantum dot (DOD). This setup allows us to tune the electron current so to enhance the electromechanical processes which irreversibly absorb phonons from the resonator. The analysis here presented extends and complements the proposal in Ref. 21, where we predicted ground-state cooling in this system for a specific set of parameters. In the present work we study the cooling efficiency over a larger parameter space than the one identified in Ref. 21, showing that large ground-state occupations can also be obtained for relatively large tunneling rates. Moreover, we analyze in detail the role of the various noise sources on the cooling efficiency.

It must be mentioned that cooling and manipulation of nanomechanical resonators using electromechanical forces is complementary to the approach using the coupling to photons.^{22–31} Both approaches are presently experimentally pursued. In particular, cooling by means of constant electron currents is appealing because it is easy to implement in a dilution fridge as compared to techniques based on photons. Beyond the specific implementation, ground-state cooling of the mechanical resonator would open the possibility to create and manipulate nonclassical states at the macroscopic scale and to study the transition from the classical to the quantum regime.^{9,32,33}

This paper is organized as follows. In Sec. II the model is introduced, which describes the coherent and incoherent dy-



FIG. 1. (Color online) (a) Sketch of the considered setup. The double quantum dot is a CNT operating as single-electron transistor. In the picture, the dot on the right is suspended and mechanically vibrates. Its vibrations couple to the electronic current via electron-phonon interaction. In this paper we will also consider the situation in which it is the dot on the left which is suspended. (b) Energy diagram for the DQD. States $|L\rangle$ and $|R\rangle$ denote one excess electron in the left and right dot, respectively. The two levels are at tunable energy difference $\hbar\Delta$ and are coupled by a tunneling barrier with tunneling matrix element T_c . Left (right) electrode act as source (drain) such that electron tunnels from left to right at rates Γ_L and Γ_R .

namics of the nanotube. The rate equations for cooling are derived in Sec. III and the cooling efficiency is discussed as a function of the physical parameters. The conclusions are presented in Sec. IV.

II. MODEL

A. Setup and basic dynamics

The resonator we consider corresponds to a fundamental vibrational eigenmode of a partially suspended carbon nanotube (CNT). The eigenfrequency of the mode is ω and the resonator is assumed to be characterized by sufficiently high quality factors so that the eigenmode can be selectively addressed by suitably tailoring the mechanical coupling with the constant electronic current flowing though the CNT. The eigenmode is here described by a quantum harmonic oscillator with a^{\dagger} and a the bosonic creation and annihilation operators of a quantum of energy $\hbar \omega$. The Hamiltonian for the resonator is given by

$$H_{ph} = \hbar \omega a^{\dagger} a$$

and it governs its coherent dynamics. The eigenstates are the number states $|n\rangle$ with energy $\hbar n\omega$ and n=0,1,2,...

Before discussing the details of the electromechanical coupling, we first introduce the electronic properties of the system. The system is in a DQD configuration, as sketched in Fig. 1(a): Voltage applied to gate T provides the potential barrier, which divides the CNT in two coupled quantum dots.^{34–37} The voltage applied at the left and right electrodes warrants that a constant electron current flows through the CNT from left to right. We denote by μ_L and μ_R the chemical potential at the left and right electrode, respectively, such that $\mu_L > \mu_R$. We assume that the DQD is working in the Coulomb-blockade regime such that the charging energy E_c is much larger then the transport energy window, $E_c \gg \mu_L$ $-\mu_R$. In this regime the system operates as a single-electron transistor (SET), and the relevant electronic states are the ground state of the DQD, $|0\rangle$, and one excess electron either in the left or in the right dot, corresponding to the quantum states $|L\rangle$ and $|R\rangle$, respectively. More specifically, the electronic ground state corresponds to the state with N_L and N_R electrons in the left and right QD, respectively, $|0\rangle$ $\equiv |N_L, N_R\rangle$ while $|L\rangle \equiv |N_L+1, N_R\rangle$ and $|R\rangle \equiv |N_L, N_R+1\rangle$, see for instance Refs. 38–40. We denote by ϵ_L and ϵ_R the energy of the states $|L\rangle$ and $|R\rangle$ with respect to the ground state. Their difference is controlled by the gates L and R in Fig. 1(a). The DQD Hamiltonian, governing the dynamics of the electrons in the DQD, reads

 $H_{\rm DQD} = H_{LR} + H_T \tag{1}$

$$H_{LR} = \epsilon_L |L\rangle \langle L| + \epsilon_R |R\rangle \langle R|, \qquad (2)$$

$$H_T = -\hbar T_c(|R\rangle\langle L| + |L\rangle\langle R|), \qquad (3)$$

where T_c is the tunneling matrix element between left and right QD and has the dimension of a frequency. The energy levels of the QDs and the direction of the electron current are depicted in Fig. 1(b).

with

We now discuss the electromechanical coupling. The vibrations are capacitively coupled to the gate R: the gate voltage bends the CNT influencing its electric and mechanical properties. When the vibration amplitude is sufficiently small, the electromechanical energy can be considered to be linear in the amplitude. Assuming that the energy difference between left and right dot is such that $\epsilon_R - \epsilon_L \sim \hbar \omega$, the electronic transport couples with the fundamental eigenmode at frequency ω , and this mode is displaced along x so that the Hamiltonian describing this dynamics can be approximated by the operator

$$H_{e-ph} = \hbar \alpha |R\rangle \langle R|(a^{\dagger} + a), \qquad (4)$$

where we used $\hat{x} \propto a^{\dagger} + a$, and α has the dimension of a frequency and gives the strength of the electromechanical coupling. This Hamiltonian describes a shift of the center of oscillation of the harmonic vibrations, conditioned to the occupation of the electronic state $|R\rangle$ of the DQD or, in other terms, an energy shift of the state $|R\rangle$ proportional to the mechanical displacement of the resonator.

We finally introduce the model for the coupling of the DQD with the electrodes, which gives rise to the constant electron current flowing through the CNT. The electrodes are electron reservoirs, described by the Hamiltonian

$$H_{\rm res} = \sum_{k} \epsilon_{k}^{L} c_{k}^{\dagger} c_{k} + \sum_{k} \epsilon_{k}^{R} d_{k}^{\dagger} d_{k}, \qquad (5)$$

where c_k and d_k (c_k^{\dagger} and d_k^{\dagger}) are fermionic operators, which annihilate (create) an electron of the respective reservoir and *k* runs over all modes of the electrons. Electrodes and QDs are coupled by electron tunneling, which in Hamiltonian form reads

$$W_L = \sum_k V_k^L c_k^{\dagger} s_L + \text{H.c.}, \qquad (6)$$

$$W_R = \sum_k V_k^R d_k^{\dagger} s_R + \text{H.c.}, \qquad (7)$$

where V_k^L and V_k^R are the tunneling matrix elements between reservoirs and quantum dots, and $s_{\xi} = |0\rangle\langle j|$ annihilates an electron in the QD *j*, with j=L, *R*, leaving the QD in the ground state while an electron is created in one mode of the reservoir.

In what follows we assume that the bias voltage is sufficiently large such that thermal effects in the coupling with the electrodes are negligible. This implies that the relations $\mu_L - \mu_R \gg k_B T$ and $\mu_L \gg \epsilon_L$, $\epsilon_R \gg \mu_R$ must hold. In this regime the electrons tunnel from left to right while transport in the opposite direction can be neglected. Tunneling from and into the electrodes can be described in perturbation theory. In first-order perturbation theory the tunneling rate Γ_L from the left electrode into the DQD, and the tunneling rate Γ_R from the DQD to the right electrode, are given by

$$\Gamma_L = \frac{2\pi}{\hbar} \sum_k |V_k^L|^2 \delta(\epsilon_L - \epsilon_k^L), \qquad (8)$$

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$$\Gamma_R = \frac{2\pi}{\hbar} \sum_k |V_k^R|^2 \delta(\epsilon_R - \epsilon_k^R), \qquad (9)$$

where $\delta(\epsilon)$ expresses the condition of energy conservation between initial and final states. In the continuum limit the sums over the modes of the electrodes become integrals, properly weighted by the density of states.

B. Master equation

In order to describe the effect of quantum noise on the resonator dynamics we resort to the density matrix for the degrees of freedom of the mechanical resonator and of the DQD electronic degrees of freedom. Its dynamics is governed by the master equation, which also accounts for incoherent tunneling from and into the electrodes, dephasing of transport between the QDs, and thermalization of the resonator to the temperature at the electrodes. The master equation reads

$$\frac{\partial}{\partial t}\rho = \frac{1}{i\hbar} [H_{\rm DQD} + H_{ph} + H_{e-ph}, \rho] + \mathcal{L}_{\rm DQD}\rho + \mathcal{L}_d\rho + \mathcal{K}\rho,$$
(10)

where the term

$$\mathcal{L}_{\text{DQD}}\rho = \Gamma_L / 2(2s_L^{\dagger}\rho s_L - \rho s_L s_L^{\dagger} - s_L s_L^{\dagger}\rho) + \Gamma_R / 2(2s_R \rho s_R^{\dagger} - \rho s_R^{\dagger} s_R - s_R^{\dagger} s_R \rho)$$
(11)

describes incoherent electron tunneling from left electrode to state $|L\rangle$ and from state $|R\rangle$ to the right electrode while the term

$$\mathcal{L}_{d} = \frac{\Gamma_{d}}{4} (2s^{(z)} \rho s^{(z)} - s^{(z)^{2}} \rho - \rho s^{(z)^{2}})$$
(12)

describes electronic dephasing inside the DQD at rate Γ_d with $s^{(z)} = |R\rangle\langle R| - |L\rangle\langle L|$. Finally

$$\mathcal{K}\rho = (\bar{n}_p + 1)\gamma_p/2(2a\rho a^{\dagger} - a^{\dagger}a\rho - \rho a^{\dagger}a) + \bar{n}_p\gamma_p/2(2a^{\dagger}\rho a - aa^{\dagger}\rho - \rho aa^{\dagger})$$
(13)

represents processes leading to thermalization at rate γ_p with a thermal environment at temperature *T*, such that the mean number of phonon at frequency ω is given by

$$\overline{n}_p = \left[\exp(\hbar \omega / k_B T) - 1 \right]^{-1}.$$

The Liouvillian terms in Eq. (10) are written in the Born-Markov approximation: The master equation is local in time, it hence does not consider memory effects which may arise from the coupling with the reservoir. A master equation for a double-quantum dot coupled to a resonator has been reported in Refs. 38 and 41. With respect to that master equation, here we have added the finite temperature of the electrodes and the dephasing mechanism. The latter is here modeled according to the master equation presented for instance in Ref. 42.

III. ELECTROMECHANICAL COOLING

Ground-state cooling via electromechanical coupling can be achieved by enhancing the processes of electron transport which absorb a phonon of the nanomechanical resonator. This is realized by properly setting the energy difference between the two QDs. Such processes must take place at rates which overcome the rate of electromechanical processes which tend to heat the resonator and the rate at which the resonator naturally thermalizes with the surrounding environment. In this section we derive the basic equations which describe the cooling dynamics of the resonator and study them in different limits. The validity of the analytical predictions is tested by comparing them with the numerical solution of the master equation.

A. Rate equations for cooling dynamics

In order to identify the important parameters, which determine the cooling dynamics, we resort to perturbation theory and derive rate equations for the occupation of the resonator's vibrational states. This is performed by eliminating the electronic degrees of freedom from the resonator dynamics, assuming that α , scaling the electromechanical coupling, is much smaller than the characteristic rates determining the electronic dynamics. In this regime, we assume that the electronic degrees of freedom of the DQD are in the steady state. This steady state determines the properties of the electronic current and thus also the autocorrelation spectrum of the electromechanical force acting on the resonator. Assuming time-scale separation between the electronic dynamics and the dynamics of electromechanical coupling, we then derive a master equation for the resonator degrees of freedom, obtained from master Eq. (10) in second-order perturbation theory and tracing out the electronic variables. For this purpose we rewrite the master Eq. (10) as

$$\frac{\partial}{\partial t}\rho = (\mathcal{L}_0 + \mathcal{L}_1 + \mathcal{K})\rho, \qquad (14)$$

where

$$\mathcal{L}_0 \rho = \mathcal{L}_0^{(0)} \rho - \frac{\mathrm{i}}{\hbar} [H_{ph}, \rho]$$
(15)

accounts for DQD and resonator dynamics in absence of electromechanical coupling with

$$\mathcal{L}_{0}^{(0)}\rho = -\frac{\mathrm{i}}{\hbar}[H_{\mathrm{DQD}},\rho] + (\mathcal{L}_{\mathrm{DQD}} + \mathcal{L}_{d})\rho \tag{16}$$

the Liouvillian for the DQD. The term \mathcal{L}_1 contains the electromechanical coupling term

$$\mathcal{L}_1 \rho = -\frac{i}{\hbar} [H_{e\text{-}ph}, \rho] \tag{17}$$

and it scales with α . Finally, the Liouvillian \mathcal{K} describes the thermalization of the resonator, it scales with γ_p , and is given in Eq. (13).

We assume that the backaction of the electromechanical coupling on the electronic state can be neglected, which corresponds to considering the regime where $|\alpha| \ll \Gamma_R$, Γ_L , and $|T_c|$. Then, the electronic steady state $\rho_{\text{St}}^{(0)}$ is determined by the solution of the equation

$$\mathcal{L}_0^{(0)} \rho_{\rm St}^{(0)} = 0. \tag{18}$$

In particular, $\rho_{\rm St}^{(0)}$ can be written as

$$\rho_{\text{St}}^{(0)} = \rho_{00}|0\rangle\langle 0| + \rho_{LL}|L\rangle\langle L| + \rho_{RR}|R\rangle\langle R| + \rho_{RL}|R\rangle\langle L| + \rho_{LR}|L\rangle\langle R|, \qquad (19)$$

where the elements scaling with the parameters ρ_{0R} and ρ_{0L} , and corresponding to the coherences between vacuum and $|L\rangle$, $|R\rangle$, are not reported, as ρ_{0L} and ρ_{0R} vanish at steady state due to incoherent tunneling between the electrodes and the DQD. The other parameters take the form

$$\rho_{LL} = \frac{1}{\frac{\Gamma^2}{4} + \Delta^2} \left[2 \frac{\Gamma'_d T_c^2}{\Gamma_R} + {\Gamma'_d}^2 + \Delta^2 \right], \qquad (20)$$

$$\rho_{RR} = 2 \frac{\Gamma'_d T_c^2}{\Gamma_R \left(\frac{\Gamma^2}{4} + \Delta^2\right)},\tag{21}$$

$$\rho_{RL} = \frac{T_c}{\frac{\Gamma^2}{4} + \Delta^2} (\Delta + i\Gamma'_d)$$
(22)

with $\rho_{LR} = \rho_{RL}^*$ and $\rho_{00} = 1 - \rho_{RR} - \rho_{LL}$. In Eqs. (20)–(22) we defined $\Gamma = 2[\Gamma'_d(\frac{4T_c^2}{\Gamma_R} + \frac{2T_c^2}{\Gamma_L} + \Gamma'_d)]^{1/2}$ and

$$\Gamma_d' = \Gamma_d + \Gamma_R/2 \tag{23}$$

giving the total decay of the electronic coherences of the DQD. We further assume that

$$\alpha \leq \omega$$
.

In this limit, a closed set of equations for the occupation of the resonator states can be derived. For this purpose, we define the projector P acting over the density matrix of the system, such that its action over a given density matrix ρ of the system reads

$$P\rho = \rho_{\text{St}}^{(0)} \otimes \text{Tr}_{\text{el}}\{P_0\rho\}, \qquad (24)$$

where Tr_{el} denotes the trace over the electronic degrees of freedom and $P_0\rho = \sum_n |n\rangle\langle n|\langle n|\rho|n\rangle$. The master equation for the density operator projected over this subspace can be written in the form^{43,44}

$$\frac{\partial}{\partial t}P\rho = P\mathcal{K}P\rho + P\int_0^\infty d\tau \mathcal{L}_1 e^{\mathcal{L}_0^{(0)}\tau} \mathcal{L}_1 P\rho(t), \qquad (25)$$

where we applied a perturbation expansion to second order in α and took $\gamma_p \simeq o(\alpha^2)$ so that thermalization effects are taken at lowest order in the expansion. This latter assumption is indeed important for the efficiency of the cooling process, as only in this limit the electromechanical coupling may be able to counteract effectively thermalization with the external environment, bringing the resonator into a dynamical equilibrium with the electronic current.

After tracing out the electronic degrees of freedom from Eq. (25) one obtains a set of rate equations for the occupa-

tion p_n of the resonator state with *n* phononic excitations, which read^{45,46}

$$\dot{p}_n = (n+1)A_-p_{n+1} - [(n+1)A_+ + nA_-]p_n + nA_+p_{n-1}, \quad (26)$$

where A_+ and A_- are the rate for processes which increase and decrease, respectively, the state of the mechanical resonator by one excitation. They result from the interplay between the thermalization processes and of the cooling due to the mechanical effects induced by the electron current. Within the parameter regimes considered so far, they are the sum of thermalization and electromechanical rates, and written as

$$A_{-} = \gamma_{p}(\bar{n}_{p} + 1) + A_{0-}, \qquad (27)$$

$$A_{+} = \gamma_{p} \overline{n}_{p} + A_{0+}, \qquad (28)$$

where $A_{0+}=2 \operatorname{Re}\{S(-\omega)\}$ $(A_{0-}=2 \operatorname{Re}\{S(\omega)\})$ is the rate for electromechanical heating (cooling) with

$$S(\omega) = -\alpha^2 \operatorname{Tr}\{|R\rangle\langle R|(\mathcal{L}_0^{(0)} + i\omega)^{-1}|R\rangle\langle R|\rho_{\mathrm{St}}^{(0)}\}$$
(29)

the spectrum of the autocorrelation function of the electromechanical coupling force.^{43,44,47} It can be rewritten as

$$S(\omega) = \rho_{RR} S_{RR}(\omega) + \rho_{RL} S_{RL}(\omega), \qquad (30)$$

where

$$S_{RR}(\omega) = \frac{\alpha^2}{2F(\omega)} \left[(\Gamma'_d - i\omega)^2 + 2i\frac{T_c^2}{\omega}(\Gamma'_d - i\omega) + \Delta^2 \right],$$
$$S_{RL}(\omega) = -i\frac{\alpha^2 T_c}{2F(\omega)} [\Gamma'_d - i(\omega + \Delta)], \tag{31}$$

and $F(\omega) = \frac{\Gamma_R}{2} F_R - i \frac{\omega}{2} F_I$ with

$$F_R = \frac{\Gamma^2}{4} + \Delta^2 - \omega^2 \left(1 + \frac{2\Gamma'_d}{\Gamma_R} + \frac{2T_c^2}{\Gamma_L} \frac{\Gamma'_d - \Gamma_L}{\Gamma_L^2 + \omega^2} \right),$$

$$F_I = 2T_c^2 \Gamma_R \frac{\Gamma_L - \Gamma'_d}{\Gamma_L^2 + \omega^2} + \Gamma'_d (\Gamma'_d + 2\Gamma_R) + 4T_c^2 + \Delta^2 - \omega^2.$$
(32)

In the following analysis we will also consider the situation, in which the resonator couples only with the left dot. In this case, the equations are modified accordingly, starting from the spectrum of the autocorrelation function of the electromechanical force, which in this latter case reads

$$S'(\omega) = -\alpha^2 \operatorname{Tr}\{|L\rangle\langle L|(\mathcal{L}_0^{(0)} + i\omega)^{-1}|L\rangle\langle L|\rho_{\mathrm{St}}^{(0)}\}.$$
 (33)

The corresponding analytical form of the rates are not reported here but are derived using the procedure described above.

B. Cooling dynamics

From the rate equation for the population of the phononic states one simply finds an equation for the mean number of mechanical excitations $\bar{n} = \sum_n np_n$, which reads^{45,46}

$$\dot{\bar{n}} = -\gamma_{\rm tot}\bar{n} + A_+, \tag{34}$$

where $\gamma_{tot} = A_{-} - A_{+}$ is the cooling rate and, in particular,

$$\gamma_{\rm tot} = \gamma_p + \gamma_0 \tag{35}$$

with $\gamma_0 = A_{0-} - A_{0+}$ the electromechanical cooling rate. A steady-state solution is found when $\gamma_{tot} > 0$, giving the average excitation number at steady state

$$\bar{n}_{\rm St} = \frac{\bar{n}_p \gamma_p + \bar{n}_0 \gamma_0}{\gamma_p + \gamma_0},\tag{36}$$

where $\bar{n}_0 = A_{0+} / \gamma_0$ is the mean phononic number when γ_p is set to zero. The cooling dynamics results from the competition between the mechanical effect of the electron current and the thermalization with the environment. Clearly, the electromechanical coupling cools the resonator below the

temperature T of the environment when $\bar{n}_{St} < \bar{n}_{p}$, which is

$$\bar{n}_{\rm St} \simeq \bar{n}_0 + (\bar{n}_p - \bar{n}_0) \gamma_p / \gamma_0.$$

possible when $\bar{n}_0 < \bar{n}_p$. Equation (36) shows that lowest tem-

peratures are achieved when $\gamma_0 \gg \gamma_p$, giving

In the following we will search for the parameters which minimize \bar{n}_{St} for different values of the thermalization rate γ_p and of the dephasing rate Γ_d . In order to maximize the cooling rate, we first assume that Γ_L , the rate at which electrons are injected into the DQD from the left electrode, is the largest rate characterizing the dynamics (the higher bound is provided by the condition that the system must operate in the SET regime), implying that the time intervals, in which there is no excess electron inside the DQD, are here the smallest time scales. In the limit of large injection rates, the cooling rate γ_0 reads

$$\gamma_{0} \simeq \frac{\alpha^{2}}{\omega^{2}} \left(\frac{4T_{c}^{2}\Gamma_{R}}{\Delta^{2} + 2T_{c}^{2} + \frac{\Gamma_{R}^{2}}{4}} \right) \frac{\omega^{3}\Delta(2T_{c}^{2} + \Gamma_{R}^{2} + \omega^{2})}{\omega^{2} \left(\Delta^{2} + 4T_{c}^{2} + \frac{5}{4}\Gamma_{R}^{2} - \omega^{2} \right)^{2} + \Gamma_{R}^{2} \left(\Delta^{2} + 2T_{c}^{2} + \frac{\Gamma_{R}^{2}}{4} - 2\omega^{2} \right)^{2}} + O\left(\frac{1}{\Gamma_{L}}\right)$$
(37)

while the mean phonon number \bar{n}_0 takes the form

$$\bar{n}_0 \simeq \frac{\Gamma_R^2 + 4(\Delta - \omega)^2}{16\Delta\omega} + O\left(\frac{1}{\Gamma_L}\right). \tag{38}$$

These expressions have been obtained setting the dephasing rate $\Gamma_d \ll \Gamma_R$. The effect of dephasing rates $\Gamma_d \simeq \Gamma_R$ on the cooling efficiency will be discussed later on. These expressions are valid both for the case in which the resonator couples to the right or to the left dot. Differences in the cooling efficiencies for the two setups arise when the value of Γ_L is lowered so that it becomes comparable with other rates, as we will show.

1. Ground-state cooling

Ground-state cooling may be obtained when $\bar{n}_0 \ll 1$ and $\gamma_0 \gg \gamma_p$. Assuming large injection rates into the DQD and setting the dephasing rate $\Gamma_d = 0$, small values $\bar{n}_0 \ll 1$ are achieved in Eq. (38) for $\omega \gg \Gamma_R$. The minimum value

$$\bar{n}_0 = \Gamma_R^2 / 16\omega^2$$

is found setting $\Delta = \omega$. From Eq. (37) we find that the cooling rate is maximum when tunneling rate and detuning fulfill the relation $\omega = \epsilon$ with

$$\boldsymbol{\epsilon} \equiv \sqrt{\Delta^2 + 4T_c^2}.$$

This condition corresponds to the one which minimizes the temperature, provided that $|T_c| \ll \omega$. At sufficiently large tunneling rates this condition emerges from the physical situation, in which the electronic states of the DQD are described by the bonding and antibonding states, such that ϵ is their

frequency splitting. These states are the eigenstates of the Hamiltonian (1) and are given by the quantum superposition of left and right electronic states

$$|-\rangle = \cos \theta |L\rangle + \sin \theta |R\rangle,$$

$$|+\rangle = -\sin \theta |L\rangle + \sin \theta |R\rangle$$
(39)

with tan $\theta = 2T_c/(\Delta + \epsilon)$. In this basis there are two relevant physical processes, which lead to a change by one phonon due to electron transport through the DQD. They consist of the sequential occupation of the states $|0,n\rangle \rightarrow |\pm,n\rangle$ $\rightarrow |\mp,n\mp1\rangle \rightarrow |0,n\mp1\rangle$. Both processes are resonant when the condition $\epsilon = \omega$ is satisfied. The resonator is cooled when the rate of the cooling process is faster than the heating process, which is here satisfied for $\Delta > 0$, see Eq. (37) and Ref. 21.

Figure 2 displays the contour plots for \bar{n}_{St} and γ_{tot} for a mechanical resonator with quality factor $Q=10^5$, the results are compared with the ideal situation $\gamma_p=0$ ($Q \rightarrow \infty$). We first discuss the ideal case. Here, we notice that the final mean occupation depends solely on the detuning Δ , as expected from Eq. (38), while large cooling rates are achieved when T_c and Δ satisfy the resonance condition $\omega^2 \simeq \Delta^2 + 4T_c^2$ and $0 < \Delta < \omega$. At finite Q, efficient cooling is found for the condition at which the cooling rate is maximized, as expected from Eq. (36). Note that the cooling efficiency decreases both in the limit $T_c \rightarrow 0$ ($\Delta \rightarrow \omega$) and $\Delta \rightarrow 0$. In the first case, the total electron transport rate decreases, and correspondingly also the rate of electromechanical processes. In the second case, the asymmetry between heating and cooling rates (A_+) is reduced.



FIG. 2. Contour plots of the average phonon number at steady state \bar{n}_{St} , Eq. (36), and of the cooling rate γ_{tot} , Eq. (34) as a function of Δ and T_c , in absence of dephasing. The gray scale is such, that the darkest (brightest) regions indicate the smallest (largest) values, with the exception of the region labeled with "no steady state," where the resonator is heated by electromechanical processes. The dashed line in the plots (b) and (d) indicates the curve $\Delta^2 + 4T_c^2$ $= \omega^2$. The parameters are $\Gamma_L = 100\omega$, $\Gamma_R = 0.2\omega$, $\alpha = 0.1\omega$, $\Gamma_d = 0$, and [(a) and (b)] $\gamma_p = 0$ and [(c) and (d)] $\gamma_p = 10^{-5}\omega$ with $\bar{n}_p = 50$.

2. Effect of dephasing on the cooling efficiency

We now proceed in studying the effect of dephasing on the efficiency of the cooling mechanism. In Fig. 3 average phonon number and cooling rate are reported for $Q=10^5$ and setting $\Gamma_d=0.1\omega$, 5ω . Clearly, the cooling efficiency is lowered as the dephasing is increased. In particular, the larger is the dephasing, the slower becomes the cooling. Nevertheless, for $\Gamma_d=5\omega$ it is found that the resonator can be cooled from $n_p=50$ to n=10 with a rate $\gamma_{tot}=10^{-4}\omega$. We also observe that the parameter region, where cooling is achieved, is reduced (recall that the initial phonon number here considered is n_p = 50). Optimal cooling is obtained for values of the detuning Δ on the order of Γ_d . Indeed, a simple calculation of the average phonon number, taking $\Gamma_d > \omega$, Γ_R , and T_c , shows that this is modified according to the formula

$$\bar{n}_0' \simeq \frac{\Gamma_d^2 + \Delta^2}{2\Delta\omega},\tag{40}$$

which reaches the minimal value $\bar{n}'_0 \simeq \Gamma_d / \omega$ at $\Delta = \Gamma_d$. Correspondingly, the cooling rate is larger when $\omega > \Gamma_R$ and scales with $\gamma_0 \sim \alpha^2 T_c^2 / (\Gamma_d^2 \omega)$. The cooling rate hence increases with the ratio between coherent tunneling and dephasing rate with the upper bound $\gamma_0 < \alpha^2 / \omega$. This cooling limit is reminiscent of Doppler cooling of atoms in a dipolar transition with effective linewidth $2\Gamma_d$ and recoil frequency $\omega_R \sim \alpha^2 / \omega$, see Refs. 45 and 46.



FIG. 3. Same as in Fig. 2 but taking $Q=10^5$ ($\gamma_p=10^{-5}\omega$) and $\bar{n}_p=50$ everywhere and finite dephasing rate: In (a) and (b) $\Gamma_d=0.1\omega$ and (c) and (d) $\Gamma_d=5\omega$.

3. Cooling efficiency as a function of the incoherent tunneling rates

So far we have assumed that injection rate into the DQD, Γ_L , is the largest parameter, while we took $\Gamma_R < \omega$. We now study the cooling efficiency as a function of Γ_L and Γ_R . We first focus on the situation in which Γ_L is the largest parameter and consider the cooling rate as a function of Γ_R , when $\Gamma'_d \simeq \Gamma_R/2$. Figure 4 displays the average excitation number $n_{\rm St}$ and the cooling rate $\gamma_{\rm tot}$ as a function of Γ_R , choosing T_c and Δ so to optimize both parameters. One clearly observes that optimal cooling is obtained at small values of Γ_R while the cooling rate vanishes at $\Gamma_R \rightarrow 0$. The numerical simulations show that the cooling efficiency has a maximum at Γ_R on the order of a fraction of the oscillator frequency ω while it decreases as Γ_R is further increased. We note, however, that phononic occupations $\bar{n}_{St} < 1$ are still obtained for Γ_R $\simeq \omega$. The analytical results reproduce well the behavior at larger values of Γ_R , where one finds $\gamma_0 \sim \Gamma_R^{-2}$. A significant discrepancy between analytical and numerical results is observed in the limit $\Gamma_R \rightarrow 0$. Such discrepancy is well understood, as in this regime the analytical treatment is invalid (as it is based on the approximation, that the dynamics of tunneling exceeds the rate of electromechanical coupling).

We have made further studies, considering the situation when the value of Γ_L is such that the corrections scaling with $1/\Gamma_L$ are not negligible, for instance, choosing $\Gamma_L=10\omega$. In this case, we observe a significant decrease in the cooling efficiency. In particular, at lower values of Q the scheme appears slightly more efficient when the resonator is coupled to the left dot rather than to the right dot.

The dynamics is significantly modified, if one chooses Γ_L small and Γ_R comparatively large, see Fig. 5. In this regime



FIG. 4. (a) Average excitation number \bar{n}_{St} and (b) cooling rate γ_{tot} as a function of Γ_R for $\gamma_p = 0$. The solid (dash-dotted) curves are found for $\gamma_p = 0$ ($\gamma_p = 10^{-5}\omega$) by maximizing the values of γ_0 as a function of Δ and T_c in Eqs. (35) and (36). The other parameters are α =0.1 ω , Γ_L =100 ω , Γ_d =0, and \bar{n}_p =50. The dots and the crosses correspond to $\gamma_p = 0$ and $\gamma_p = 10^{-5}\omega$, respectively, and are extracted from numerical simulation, where the evolution of the resonator mean phonon number is calculated by numerical integration of master Eq. (10), for the same parameters as in the analytical case. The cooling rate is then determined by fitting the curve of the numerical integration with an exponential decay, minimizing the sum of the squares of the offsets of the numerical points from the exponential fit. The value of \bar{n}_{St} is extracted from the behavior of the curve at sufficiently long evolution times. The dashed line in (b), visible at small Γ_R , indicates the regime in which the analytical results are not valid.

there is essentially no excess electron in the DQD at steady state. While \bar{n}_0 can be very small, the cooling rate is generally very slow so that one obtains relatively large mean phononic numbers at finite values of Q. In this case, a slightly better cooling efficiency is found when the resonator is coupled to the left dot, see Figs. 5(c) and 5(d). We also note an unexpected behavior: when the resonator is coupled to the right dot, cooling is found for negative values of Δ , as visible in Figs. 5(a) and 5(b) (hence, when the left dot is at higher energy than the right dot). This could be explained in terms of interference effects in the electromechanical coupling inside the DQD, analogously to the dynamics observed in Ref. 44 and 47.

IV. DISCUSSION

The scheme here proposed shares several analogies with laser cooling schemes of trapped ions, where the mechanical effects of photon-atom interaction is used in order to prepare the motion of trapped particles in the ground state of the



FIG. 5. Same as in Fig. 2, but when the injection rate into the DQD is small, $\Gamma_L=0.1\omega$ and $\Gamma_R=10\omega$, such that DQD is essentially empty. The other parameters are $\Gamma_R=10\omega$, $\alpha=0.1\omega$, $\Gamma_d=0.1\omega$, $\gamma_p=10^{-5}\omega$, and $\bar{n}_p=50$. In (a) and (b) the resonator is coupled to the right dot, whereas in (c) and (d) the resonator is coupled to the left dot.

confining potential.^{45,46} It is interesting to draw more explicit analogies, in order to evidentiate also the differences which arise when electromechanical effects are used in place of optomechanics.

A clear analogy between the two systems is found when considering the mechanical forces exerted on the harmonic oscillator. Indeed, the interaction Hamiltonian in Eq. (4) can be mapped to the Hamiltonian, describing the mechanical effects by photon scattering in the Lamb-Dicke regime, by means of the unitary transformation⁴⁸

$$S = e^{i\alpha/\omega|R\rangle\langle R|\hat{p}} \tag{41}$$

with $\hat{p}=\mathbf{i}(a^{\dagger}-a)$ such that $\tilde{\rho}=S^{\dagger}\rho S$ and the system operators transform as

$$S^{\dagger}|0\rangle\langle R|S = |0\rangle\langle R|e^{-i\alpha/\omega p},$$
$$S^{\dagger}aS = a - \frac{\alpha}{\omega}|R\rangle\langle R|.$$
(42)

In this reference frame the interaction Hamiltonian is given by

$$H_{Te-ph} = -T_c(|L\rangle\langle R|e^{-i\alpha/\omega\hat{p}} + |R\rangle\langle L|e^{i\alpha/\omega\hat{p}}), \qquad (43)$$

which has the same form as the interaction between a mode of the electromagnetic field and an atomic dipolar transition. In particular, in the limit of large Γ_L the state $|0\rangle$, with no excess electrons in the DQD, can be adiabatically eliminated, and the DQD dynamics can be effectively described in the Hilbert space spanned by the state $|L\rangle$ and $|R\rangle$. In this regime, the system is analog to a trapped two-level atom with linewidth Γ'_d , cooled by a laser with Rabi frequency T_c and possessing a Lamb-Dicke parameter α/ω .^{45,46} The dephasing rate hence plays a similar role of the linewidth of the cooling transition, setting the fundamental bound to the final temperature one can achieve by means of electromechanical forces in this setup. Drawing on this analogy, ground-state cooling, as discussed in this paper, is a form of sideband cooling for trapped ions, and it is possible provided that the dephasing rate $\Gamma_d < \omega$. In that case, in this paper we show how the parameters can be tuned in order to achieve the largest ground-state occupation. Summarizing, efficient cooling is obtained for large values of Γ_L and small values of Γ_R , such that $\Gamma_R < \omega$. Large ground-state occupations are also found when $\Gamma_R \simeq \omega$. When $\Gamma_d > \omega$, it is generally not possible to reach large ground-state occupations even though cooling can be performed which has analogous efficiency as Doppler cooling.

Differing from photon scattering, in the case of electron tunneling we do not have diffusion processes, which are otherwise encountered when energy is dissipated by spontaneous emission in free space. For this reason, Eq. (38) has the same form found in sideband cooling of trapped ions under specific conditions, where diffusion due to photon scattering is suppressed.^{43,47} The same equation (for other physical parameters) was derived in theoretical treatments of cooling of nanomechanical resonators via photons,^{49–52} where the cooling dynamics was mapped to sideband cooling of trapped ions. In contrast with laser cooling of trapped ions, the parameters for which \bar{n}_0 is minimum do not coincide with the ones, at which γ_0 is maximum, and optimal cooling is found as a compromise between maximizing the optomechanical or the electromechanical cooling rate, γ_0 , and minimizing the lower bound to the mean phonon value, \bar{n}_0 , so to effectively counteract the thermalization rate due to the coupling with the external environment.

The parameters used for our results are consistent with currently available experimental values. For a resonator frequency of $\omega \sim 2\pi \times 50$ MHz (as, for example, in Ref. 1), the mean number of thermal phonon $n_p = 50$ would correspond to a temperature of 120 mK, which is on the order of temperatures reached in cryogenic environments.² The frequency difference Δ and the tunneling rates T_c , Γ_L , and Γ_R , can be controlled by the external gates,⁵³ and can be tuned over several order of magnitude. Regarding the quality factor,

Carbon-nanotube resonators with Q larger than 10^5 have been recently reported in Ref. 20. To provide an example, for $\alpha = 2\pi \times 5$ MHz, $T_c = 2\pi \times 30$ MHz, $\Delta = 2\pi \times 80$ MHz, Γ_R ~10 MHz, and $\Gamma_L \sim 10$ GHz, the resonator can be cooled from $\bar{n}_p = 50$ (T = 120 mK) to $\bar{n}_{St} = 0.05$ (T = 0.8 mK), provided that $\Gamma_d \ll \Gamma_R$. The experimental value of the dephasing rate of nanotubes is currently unknown.

V. CONCLUSIONS

We have presented an extensive analysis of the efficiency of ground-state cooling of the phononic mode of a resonator, constituted by a suspended carbon nanotube in a double quantum-dot configuration. The analysis takes into account dephasing in the current through the double dot and the finite Q of the resonator. Ground-state cooling is possible provided that the dephasing rate is smaller than the resonator frequency. Moreover, largest efficiency is obtained when the permanence time scale of the excess electron inside the double dot exceeds the time scale in which the double dot has no excess electron. When the dephasing rate is larger than the resonator frequency, the resonator can be still cooled provided that the tunable system parameters are accordingly chosen.

Most parameters of the proposed setup can be tuned. The frequency ω of the resonator, for instance, depends on the length of the nanotube section that is suspended. The frequency difference Δ and the tunneling rates Tc, Γ_L , and Γ_R , can be controlled by the external gates.⁵³ Electron dephasing rate, however, remains to be measured in nanotubes. We remark that the proposed cooling scheme can be applied to other device layouts, such as mechanical resonators electrostatically coupled to fixed DQDs.¹⁸

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